

## Consent for Participation in SBYS Program Activities

**School Based Youth Services Program (“SBYS”)** at Cape May County Technical High School is a program of Acenda Integrated Health funded by New Jersey’s Department of Children and Families. SBYS helps students navigate the high school years with the goal of having students graduate healthy and drug-free. SBYS guides students to build on their strengths and develop positive habits and life skills that will benefit them throughout their lives. **If you have any questions or would like additional information about the SBYS program, please call SBYS at 609-380-0200, ext 3551; email sbys@capemaytech.com; and/or visit our website at [www.capemaytech.com/SBYS](http://www.capemaytech.com/SBYS).**

**Confidential Crisis Intervention, Counseling, and Referral:** we offer flexible scheduling to accommodate working families, and **there is no charge for individual, family, or group counseling.** Students often request their own appointments or they may walk in and request to speak with someone. Referrals may also come from family members, teachers, the school nurse, administration, fellow students, or any other individual who is recommending that a student gets involved with our program. **Services are confidential,** and information can only be shared with parents/guardians or others when there is a separate written “Release of Information” form expressly signed by the student (if aged 14 years or older) and/or the parent/guardian, except in circumstances where there is imminent risk to self or others, in which case SBYS is required by law to disclose such a risk. It is understood, however, that SBYS staff makes every effort to ensure open communication between parents/guardians and their students.

**Informal supportive counseling:** guides students to accomplish personal goals such as improving overall health & wellness, boosting grades, saving money, applying/interviewing for a job, stopping vaping/smoking, negotiating and resolving conflicts etc. Additional topics may include: mental health, substance use, pregnancy prevention, and grief. Individual services are provided only as needed or when requested.

**Clinical therapy:** *requires another level of consent and may be arranged upon request.*

**Class presentations and lunch-period groups:** each year students in the Freshman class will engage in skill building, health class presentations, and more. SBYS utilizes an evidenced-based program for skill building and prevention education that meets school population needs.

**After-School Activities:** check the Cape Tech SBYS website and calendar for current information. **Separate permission slips are required for trips.**

**Surveys:** such as the Resiliency Measure or other similar tools may be used to measure progress.

**Photographs and Communication:** photographs may be taken of students participating during SBYS events and utilized for program/media purposes including but not limited to SBYS/Tech website, press releases, promotional materials, event programs, flyers, etc. Students may choose not to be in photos.

**Please indicate below whether or not participation in SBYS is granted, sign below (in blue or black ink), and return this form to SBYS @ Cape Tech, 188 Crest Haven Road, Cape May Court House, NJ 08210.**

\_\_\_\_ Yes, I give my student the opportunity to participate in the SBYS Program. I support my child in pursuing a healthy, drug-free lifestyle in order to graduate successfully and become a well-adjusted young adult. **I understand I may list any activities I do not want my child to participate in on the back of this form.**

\_\_\_\_ No, I do NOT grant permission for my student to participate in the School Based Youth Services Program.

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**Parent/Guardian’s Name (Please Print)      Parent/Guardian Signature      Parent/Guardian Email Address**

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**Student’s Name (Please Print)      Student Signature      Student Email Address**

**Date Signed: \_\_\_\_\_      Graduation Year: \_\_\_\_\_**

**\*\*This consent remains in effect until the student’s high school graduation or until it is rescinded in writing.**